## Instructions for Collection and Submission of Specimens for Detection of Bordetella pertussis by PCR and Culture

## MICHIGAN DEPARTMENT OF COMMUNITY HEALTH

Note: The tube of Regan-Lowe medium provided in this kit must be stored at  $2-8^{\circ}C$  prior to use. Do not use after expiration date listed on the tube.

Note: If the specimen container is received leaking, not properly labeled, test requisition not completed or the specimen label does not match the test requisition, the specimen will not be tested.

- 1. Allow the tube of Regan-Lowe transport medium to warm to room temperature before collecting specimen.
- 2. Immobilize the patient's head and remove the swab from the package.
- 3. Using sterile technique, bend the swab's aluminum shaft into a downward arc and gently pass through the nostril into the nasopharynx. **DO NOT FORCE THE SWAB!**
- 4. After specimen collection, insert the swab about half way into the Regan-Lowe transport medium.
- 5. With a pair of scissors, cut the shaft of the swab off flush with the top of the tube.
- 6. Replace cap on tube.
- 7. Label the tube with the same name/identifier used on the requisition.
- 8. Record the name/unique identifier on the tube for your records. You will use it to link the specimen to the patient.
- 9. If an incubator is available, incubate the tube containing the swab for 18 24 h at 35°C. If no incubator is available, proceed with step ten.
- 10. Tighten the cap on the tube and secure with tape or parafilm.
- 11. Place the properly labeled tube, **wrapped in absorbent material provided,** into the plastic bag provided and then place bag containing tube into aluminum screw-capped can and secure cap.
- 12. Wrap **completed** test requisition around **outside** of aluminum screw-capped can.
- 13. Place aluminum can with **completed** test requisition into screw-capped cardboard container and **secure cap with tape.**
- 14. **Complete** and apply the return shipping, diagnostic specimen label to cardboard container and ship by the most rapid and convenient means available (e.g. a courier, bus, or U.S. Express mail, etc.) to the Lansing laboratory only.

NOTE: The shipper is responsible for being sure that their package is in compliance with current regulations.

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By Authority of Act 368, P.A. 1978